

ESENCIA

WELLNESS

SPA MENU

The Esencia Wellness Spa and Fitness Center provides a tranquil playground for personalized renewal, deep relaxation, and transformative treatments for body and soul. Fusing Japanese healing elements with our iconic architecture, luscious greenery, and hydrotherapy amenities—featuring whirlpools, plunge pools, saunas, and hydro-experience showers—we offer a dreamy space that will surprise and delight. Come to get lost... and find yourself.

CHOOSE YOUR ELEMENT TO BEGIN YOUR JOURNEY

OCEAN	<i>invigorating, vitalizing, adrenal supporting</i>	<i>I AM POWERFUL</i>
SUN	<i>recovering, energizing, stress relieving</i>	<i>I AM RADIANT</i>
EARTH	<i>grounding, calming, mental boosting</i>	<i>I AM CENTERED</i>
ATMOSPHERE	<i>anxiety supporting, releasing, balancing</i>	<i>I AM LIMITLESS</i>

NOBU SIGNATURE TREATMENTS

Our Nobu Signature Treatments incorporate Japanese tradition and the spirit of Nobu Hotels. Each service is deeply personalized and adapted to your unique needs.

NOBU NAGOMI RITUAL | 110 Minutes \$340

Designed to increase relaxation, flexibility, and energy flow, our signature ritual takes you on a journey that awakens the senses. We begin with a relaxing floral foot bath followed by an Asian-inspired fusion of massage, facial cleansing, and body exfoliation. Warm handmade herbal poultices soothe your muscles, purify your body and ground your mind. Customized essential oils hydrate and nourish your skin.

JAPANESE SILK | 80 Minutes \$320

Inspired by the traditional Japanese art of caring for the body, this is a luxurious and energizing body ritual that stimulates circulation and flow of energy. Your journey begins with a body exfoliation to prepare your skin for a nurturing full body massage using hot stones and concludes with a luxurious scalp massage and hair mask. Find balance, feel revitalized, and be restored.

MASSAGE

Upgrade your experience with a candle that is lit during your session and the melted wax is used to enhance your massage. | \$25

IGNITE YOUR SENSES | 50/80 Minutes \$185/\$250

Restore your vital energy with this full-body Swedish massage. This soothing and indulgent massage leaves your mind, body and spirit soothed and relaxed.

DEEP CONNECTION | 50/80 Minutes \$220/\$300

A therapeutic massage designed to alleviate tension and muscular stress. Specialized techniques concentrate on specific areas of concern to restore and heal overextended muscles.

MOMMA-TO-BE PRENATAL | 50/80 Minutes \$185/\$250

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. The focus will be on alleviating muscular aches while helping to relax, restore, and revitalize. Recommended after the first trimester of pregnancy.

ZEN CBD | 50/80 Minutes \$255/\$335

Induce deep relaxation and healing with our artisan-crafted aromatic CBD massage. Infused with six pain-relieving herbs including arnica, ginger, and broad-spectrum organic hemp CBD, this CBD massage is designed to induce deep relaxation and relieve pain.

SHIATZU FUSION | 50/80 Minutes \$200/\$270

This treatment utilizes traditional Japanese-style massage techniques that involve manual pressure applied to specific points on the body to stimulate energy meridians, relieve tension and pain, and promote overall wellbeing.

HEALING HOT STONE | 50/80 Minutes \$220/\$310

A therapeutic and rejuvenating massage using warm stones and moderate to deep pressure intensely soothes tired, aching muscles and aids relaxation.

BAMBOO FUSION | 50/80 Minutes \$220/\$310

Bamboo is known as the good luck plant and the sticks are warmed and used as therapeutic tools to reach deep tissue issues. The smooth sticks hold heat and provide gliding strokes to improve circulation, remove toxins, and promote relaxation.

COUPLES

CALM TOGETHER | 50/80 Minutes \$370/\$500

An intimate spa experience designed to be shared with that special someone. Restore your vital energy with this full-body Swedish massage. This soothing and indulgent massage leaves your mind, body, and spirit soothed and relaxed.

DEEP CONNECTION | 50/80 Minutes \$440/\$600

This private journey will allow you and your partner to reignite the romance. Start with a therapeutic massage designed to alleviate tension utilizing specialized techniques that concentrate on each of your specific areas of concern. Leave relaxed and spoiled.

AROMATIC INFUSION | 100 Minutes \$800

This aromatic and indulgent ritual using a seductive blend of essential oils leaves body and soul soothed and relaxed. Start with a warm bath infused with healing salts to relieve muscle and then a therapeutic tailored massage to relieve joint stiffness enhance circulation. Allow your senses to calm and reconnect with your partner.

ROSE BOTANTICAL RITUAL | 100 Minutes \$800

You and your partner be enveloped by the exquisite fragrance of the Damascus rose in this revitalizing ritual that intensely nourishes your skin. The experience begins with a micro-granulated exfoliating emulsion that notably smooths the skin texture revealing an extraordinarily soft and resplendent skin. Then, a massage with an ultra-nutritive body oil that seduces with its floral fragrance and its exceptional anti-aging and antioxidant properties will heal your bodies at a deeper level.

COUPLES CLAY & PLAY | 50 Minutes \$240

Unleash your inner artist and let your partner be your muse. We will present you with a pair of body brushes and detoxifying rhassoul clay to paint on one another in the privacy of your couple's suite. This decadent ritual includes a bottle of chilled bubbly and an aromatic, hand-drawn bath to get your creativity flowing.

FACIALS

HYDRAFACIAL | 50/80 Minutes \$220/\$295

HydraFacial™ is a breakthrough in aesthetic technology that uses non-laser, non-invasive skin resurfacing. The HydraFacial™ treatment removes dull skin cells and extracts impurities while cleansing, hydrating and moisturizing. It improves the appearance of fine lines, wrinkles, oil or acne-prone skin, and hyperpigmentation. The treatment is soothing, refreshing, non-irritating, and immediately effective.

DIAMOND FACIAL BY NATURA BISSÉ | 80 Minutes \$270

This noninvasive treatment preserves the youth of the skin and slows the aging process. Visibly diminishes fine lines and wrinkles and restores youthful energy to every level of the skin. Dramatically reverses premature aging while increasing firmness and elasticity.

VITAMIN SEA RADIANCE FACIAL | 50 Minutes \$185

When sun damage has taken its toll, or you simply want to brighten your complexion naturally, this restorative facial delivers a radiant all-over glow. Gentle resurfacing whisks away dry, damaged skin, and a customized mask targets dark spots and speeds up healthy skin regeneration.

SOOTHING WAVES FACIAL | 50 Minutes \$185

This specialty treatment is especially effective for rosacea, sensitive, or severely dehydrated skin. Designed to calm irritation, replenish lost nutrients, and boost the skin's natural ability to protect itself against environmental damage.

DEEP SEA FIRING FACIAL | 80 Minutes \$260

Restore your skin's glow with the ultimate age-defying facial. The cleanest, purest ingredients, white algae, white wine, white tea, and copper peptides blend with hyaluronic acid, vitamin C, probiotics, and an intense marine-based oxygen serum to give the skin a superior boost. A curated dual-layer treatment mask and relaxing Vagus Nerve Wellness Massage visibly smoothes fine lines, brightens dark spots, and stimulates collagen production. This facial therapy includes a brightening hand and arm exfoliation and mask, plus a healing eye and lip smoothing treatment.

BODY TREATMENTS

CLAY PURIFICATION REVIVAL | 110 Minutes \$330

A restorative treatment combining a detoxifying massage and a full-body wrap made of green clay to regenerate, oxygenate, and deeply hydrate the skin. It reduces signs of aging and leaves you smooth and glowing.

SUN ENERGY CITRUS DRENCH | 80 Minutes \$280

Pamper your skin with a potent infusion of citric extracts with highly concentrated vitamin C emulsion to protect your skin from dryness and premature aging. Your skin will be intensely hydrated and cocooned in a healing wrap to reveal an extraordinary glow.

OCEAN DETOX RITUAL | 50 Minutes \$210

This skin-softening full-body exfoliation combines mineral sea salts with healing essential oils to leave your skin nourished, smooth, and supple, followed by a relaxing Swedish massage.

ENHANCEMENTS

WILD GIGARTINA HAIR MASK | \$35

A warm, nutrient-rich organic seaweed infusion is slowly poured along the hairline and massaged into the scalp with a nourishing dose of Acai and Passion Fruit Oils. These oils are rich in hair-loving omega fatty acids and are blended with aromatherapeutic essential oils of Cypress, lime, and grapefruit.

REFINING EYE AND LIP TREATMENT | \$35

A potent plant-based amino acid compound encourages pro-collagen synthesis while gently firming and moisturizing the sensitive skin around your eyes and lips. The cooling and nourishing eye treatment releases tension in the "11s" and orbital area, hydrates the delicate eye area, and reduces puffiness.

ILLUMINATING HAND OR FOOT TREATMENT | \$35

A skin refining exfoliation, a double dose of skin illuminating Vitamin C, and marine minerals revitalize and restore youthful softness while brightening sun-damaged hands or feet.

CBD RELIEF & RECOVERY CREAM | \$35

Induce deep relaxation and healing with our artisan-crafted aromatic CBD. Infused with six pain-relieving herbs like arnica, ginger, and broad-spectrum organic hemp CBD.

BEAUTY

BLOWOUTS | \$75 and up

\$10 upcharge for flat iron/curling iron/rollers due to additional time.

WOMEN'S HAIRCUT | \$95 | With styling \$130 and up

MEN'S CUT | \$55

UP-DO | \$150 and up

TOUCH UP HIGHLIGHTS | \$85 and up

HAIR MASK | \$45

MAKE UP APPLICATION | \$150

NAILS

MINERAL WATERS MANICURE | 30 Minutes \$50

A mineralizing manicure for tired, travel-worn hands.

ENERGIZING PACIFIC PEDICURE | 50 Minutes \$70

Designed to energize and invigorate legs and feet with a stimulating caffeine and mint deep tissue massage, aromatic exfoliation, and mineral soak.

ESSENTIAL ELEMENTS MANICURE | \$40

Our take our classic manicure.

ESSENTIAL ELEMENTS PEDICURE | \$65

Our take on the classic pedicure.

**QUICK DRY NO CHIP MANICURE OR PEDICURE
ENHANCEMENT** | \$15 up charge

The quickest drying longest lasting natural manicure on earth. Dazzle Dry prep, proprietary base coat, and topcoat create a 5-minute dry time, long-lasting no chip color and removes with regular nail polish remover. No soaking, no damage, no fuss!

SPA POLICIES

APPOINTMENTS AND RESERVATIONS

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability and must be guaranteed with a hotel room number or credit card.

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 48 hours in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. NO show appointments will be charged in full.

ARRIVAL

We suggest that you arrive 30 minutes before your appointment's time to sign in and change into your robe and slippers.

LATE ARRIVAL

As a courtesy to following clients, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

IS THERE AN AGE REQUIREMENT AT THE SPA?

All spa guests must be 16 or older to schedule a treatment.

PAYMENT AND SERVICE CHARGES

We accept all major credit cards or you may charge the service to your hotel room. For your convenience a service charge of 20% will be added to your bill. Leave any additional gratuities above 20% at your discretion.

HEALTH AND WELLNESS PROTOCOLS

Esencia Wellness follows strict guidelines in accordance with State Board, CDC, OSHA and other state/local agencies. Our team has gone through COVID-19 training including sanitation and infection control procedures to ensure guests and staff are safe and risk for transmission of germs is low. Additional cleaning and disinfecting check points have been implemented along with daily operation modifications.

